**The Day of the treatment:**

\* Super Important to gently **blot** the area with clean tissue to absorb excess lymph fluid. Do this every 5 minutes for a full day or two depending on your amount of lymph or until oozing has stopped.  Removing this fluid prevents hardening of the lymph and excess scabbing.

**Days 1-10**: **Wash**With a very light touch, use your fingertips to gently cleanse the eyebrows to remove bacteria and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)

with water and an antibacterial soap like Cetaphil or Neutrogena. Gently rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away. To dry, gently pat with a clean tissue. **DO NOT** use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants.

**Days 1-10: Moisturize**Apply a aftercare ointment with a cotton swab and spread it across the treated area. Be sure not to over-apply as this will suffocate your skin and delay healing. The ointment should be barely noticeable on the skin, and never put the ointment on a wet/damp tattoo.

**Important Reminders**

* + Use a clean pillowcase and/or be careful of pigment staining an expensive case as well.
	+ DO NOT rub, pick or scratch the treated area.
	+ Picking any dry skin or scab will result in scarring or loss of color.
	+ No facials, chemical treatments or microdermabrasion for 4 weeks.
	+ Avoid sweaty exercise for one week.
	+ Avoid direct sun exposure or tanning for 4 weeks after procedure.  Wear a hat when outdoors. SPF always helps retain a long-lasting tattoo.
	+ Avoid long hot showers for the first 10 days.
	+ Avoid sleeping on your face for the first 10 days.
	+ Avoid swimming, lakes, hot tubs for the first 10 days.
	+ Avoid topical makeup including sunscreen on the area until 21 days of healing.

**Important note about showering:**Limit your showers to 5 minutes so not to create too much steam. Keep your face out of the water while you wash your body, then, at the end of your shower, wash your hair. Your face should only be getting wet at the very last end of the shower.  Avoid excessive rinsing and hot water on the treated area.